

DanceEast Academy teaching team

- **Sandra Madgwick**
Senior Dance Tutor, Ballet

Sandra trained at the Royal Ballet School and danced for nineteen years with the Birmingham Royal Ballet (1981 - 2000). During this time she worked with many celebrated choreographers, musicians and designers, and rose to the role of Principle. She danced the lead role of Lise in *La Fille mal gardée* by Sir Fredrick Ashton for the 1981 Covent Garden graduation performance.

Sandra completed the Professional Dancers Teaching Diploma with the Royal Academy of Dance (RAD). Teaching credits include: RAD summer schools, her own private dance school, Performers College, Essex and for the Suffolk Ballet Scholarship Scheme, to mention a few.

- **Annette Connolly**
Dance Tutor, Ballet

Annette trained at the Bush Davies School, East Grinstead from the age of 11, graduating to the Royal Ballet Upper School. She joined Hessische Staats Theatre, Germany, before joining the English National Ballet. Annette has worked under the direction of John Field and Peter Schaufuss, and has performed in productions including *Romeo and Juliet*, *Les Sylphides*, *Bayadere* and *Cinderella*.

Annette has toured internationally and nationally dancing roles such as Juliet and Swanilda (*Coppélia*). She achieved the Royal Academy of Dance's Professional Teacher's Diploma with Distinction in 2008, and is currently teaching at the College of West Anglia, King's Lynn.

- **Adri Walker-Webb**
Dance Tutor, Ballet

Adri studied ballet in South Africa under various teachers including Kay Zaymes; Mignon Furman; Barbara Holden and Ann Broder.

Her teaching qualifications were obtained through the Royal Academy of Dance, and Adri graduated with a Dance Teacher's Diploma with Distinction from the University of Cape Town in 1997.

Adri has danced various lead roles as a student including Desdemona in Peter Darrell's *Othello*, the Woodland Glade Fairy in *Sleeping Beauty*, Mirliton in *The Nutcracker* and the leading Willis in *Giselle*. She has also understudied title roles in *Giselle* and *Sleeping Beauty* alongside Cape Town City Ballet Principal dancers.

Adri danced with the Cape Town City Ballet as a student in *Swan Lake*, *Sleeping Beauty* and *Spartacus*, and joined the Company full time after graduating in 1997. She danced as a member of the Corps in various pieces such as *Coppelia*, *Giselle*, *Swan Lake*, Veronica Paeper's *Cleopatra*, *La Sylphide*, *Cinderella*, *Sleeping Beauty*, *The Nutcracker*, *Rain Queen* and David Nixon's *Beauty and the Beast*, amongst others. Adri also danced various soubrette solo roles like Kitri's rival in *Don Quixote* and Madame in *Carmen*, and also the following roles as a soloist: The Girl in *Le Spectre de la Rose* and Paquita and Czardas in *Swan Lake*.

Adri left Cape Town City Ballet in 2001 to pursue a teaching career, working within disadvantaged communities with the Western Cape Department of Education. To broaden her horizons she practiced commercial dance, working and choreographing with Cape Town City Opera, Grand West Casino and Club Vacca Matta, alongside ex-Cape Town City Ballet Principal Juanita Yazbek.

Adri moved to England in 2004 and has been enjoying a fruitful career teaching for DanceEast, the Newmarket School of Dance and Hazelwood Dance Studios. She has also worked with the Royal Ballet School on the Partnership and Access Programme.

- **Lucy Blazheva**
Dance Tutor, Contemporary

Lucy was awarded a full scholarship from Trinity Laban and embraced the BA (Hons) Dance Studies course, focusing her specialism within Contemporary Release, Graham, Cunningham and Contact Improvisation, alongside nurturing an interest in costume design.

After graduating Lucy went on to teach at EssexDance (now DanceDigital), leading parent and toddler classes and adult contemporary. She then went on to work within the Essex community, teaching creative dance and contemporary dance technique as a freelance artist to Key Stage 1 – 5 pupils in private and state schools.

In 2008 Lucy returned to Trinity Laban to continue her professional development, studying the Postgraduate Diploma in Community Dance. Since then she has taught movement and introductory choreology* at the East 15 Acting School, University of Essex and Adult Contemporary Technique at Trinity Laban.

- **Chloe Horrell**
Dance Tutor, Contemporary Technique & Creative Dance

Chloe started her vocational training at The Arts Educational School, Tring Park. She then went to Laban to undertake a Post Graduate Diploma in Contemporary Dance.

She has since toured the works of Henri Oguike, Azure Barton, Pablo Ventura and Christian Duarte with Transitions Dance Company. Chloe has also worked for choreographers including Candida Elton, Thomas Small (in his company Smallpetitklein) and Anne-Marie Smalldon (in her company Combination Dance). Chloe creates her own work for her company E.Dance, which for the last year toured in Primary Schools in North-East Lincolnshire.

Chloe has worked through dance, art and movement with children, young people and adults from diverse backgrounds for a number of years, and in a variety of settings including primary and secondary schools, HE colleges, special schools, vocational schools, arts organisations and community settings. She has taught at The Urdang Academy, Scottish School of Contemporary Dance, and Tring Park amongst others. Last year Chloe worked full time for LABANs Education and Community Department where amongst other things she taught on their CAT scheme.

- **Lily Dettmer**
Dance Tutor, Contemporary Technique & Creative Dance

Lily is an experienced dance practitioner who has worked for organisations including The Place, Ludus Dance, Northern Ballet School and the Northern School of Contemporary Dance. She originally trained at The London Contemporary Dance School and has performed works by choreographers including Lloyd Newson, Filip Van Huffel, Estelle Clareton and Tom Roden. As a performer she has also danced with M6 Theatre Company and the Liverpool Capital of Culture Company.

Lily has worked in a wide range of education and community settings, from teaching GCSE dance to lecturing at degree level. Her main passion however is youth dance, and she has choreographed a number of youth dance pieces for companies such as Tameside Youth Dance and Cornwall Youth Dance Company.

Previously she worked as a Dance Artist for Norfolk Dance, delivering and planning a wide range of community and education projects. Lily is returning to the East from the Northwest where she was working with Cheshire Dance and Youth Dance England as Youth Dance Development Officer for the Cheshire area.

- **Kate Durrant**
Dance Tutor, Contemporary Technique & Creative Dance

Kate trained at the London Studio Centre gaining a BA (Hons) in Theatre Dance. During her time there she was a member of Intoto Dance Company, working with choreographers such as Rafael Bonachela, Jonzi D, Vivienne Newport and Michael Popper.

Through her performance career Kate has worked with the Royal Opera House, Foot In Hand Dance Company, Ruff Cut Dance Theatre, Turbulance Dance Company, Base Dance Company, Sols Dance Company and Helix Dance.

Kate has also choreographed for charitable and corporate events, schools and youth groups. She is currently a member of the Contemporary Dance faculty for Bodywork Company Dance Studios Theatre School, and coordinates their outreach programme.

- **Tom Hobden**
Dance Tutor, Creative Dance

Originally trained as an actor at DeMontfort University, Tom started teaching dance to children nine years ago. He recently completed his Masters degree in Choreography at London Contemporary Dance School and is currently undertaking his PGCE at Suffolk New College where he delivers classes in Contemporary Dance and Choreography to BTEC students.

Tom's experience spans a wide variety of age groups. He has been leading boys dance activity for DanceEast for the last five years and also delivers creative dance to young people and adults. Tom spent a year as Choreographer in Residence at the Theatre Royal in Bury St Edmunds, and is currently the Group Leader for DanceEast's boys only youth dance company, Boyz United.

As well as his dance teaching work, Tom is qualified as a fitness instructor and Fitness Yoga teacher.

- **Elsa Bradley**
Dance Science / Health Education

Elsa has taught dance in community and education settings for the last 15 years, including The Royal Ballet and Birmingham Royal Ballet Education Departments, DanceEast, and EssexDance (now DanceDigital). For six years Elsa worked as Senior Dance Artist at Norfolk Dance developing a broad range of work with dancers of all ages. Alongside teaching she has continued to perform in work by choreographers such as Claire Russ, Ben Wright and Cristina Caprioli.

Elsa completed an MSc with Distinction in Dance Science at Laban in October 2008, and has been working closely with Laban to develop appropriate methods of screening and profiling young dancers. She is also a Lecturer at the University of Bedfordshire, University Campus Suffolk and an Independent Dance Scientist.

- **Jacqueline Denny**
Tutor, Health Education – Floor Barre and Conditioning

Jacqueline trained in her native Canada and in Philadelphia at the Pennsylvania Ballet School. Her performing career includes work with Pennsylvania Ballet, Danny Grossman, CoisCeim Dance Theatre, Thursford Christmas Spectacular, *Spirit of the Dance* (Reno and UK tour), and *Spirit of Broadway* (Far East tour).

Jacqueline obtained her Professional Dancers Teaching Diploma from the Royal Academy of Dance and has since taught at Laban in London, for the Royal Ballet School Partnership & Access Programme, at the RAD and at Bird College.

As well as teaching dance Jacqueline has been a teacher of Pilates since 2001. She has worked with many dancers/actors in West End shows including *The Lion King* and currently teaches privately in London.

- **Jonathan George**
Physiotherapy

Jonathan is a Physiotherapy Extended Scope Practitioner and specialises in musculoskeletal disorders. Jonathan qualified with an Honours degree in Physiotherapy from Brunel University. Having completed a Masters in Neuromuscular Physiotherapy as well as successfully completing the Manipulation Association of Chartered Physiotherapy exams, Jonathan is considered an expert and specialist in his chosen field.

Jonathan has extensive experience in the public and private sector both in London and the East of England and was Head Physiotherapist at QPR Football Club and has previously worked at Ipswich Town Football Club. Jonathan has treated elite athletes in golf, motor racing, skiing, water skiing, athletics, rugby (men and women's) and tennis. Additionally he has experience of treating elite dance and performing artists having worked for and with the Royal Academy of Dance and Performing Arts. Jonathan's key areas of interest and specialism are in spinal and knee disorders.

Visiting Tutors & Tutor Changes

The DanceEast Academy works with tutors who are highly experienced and regarded in their profession. Some of these tutors are still performing and may from time to time be offered performance contracts or work which takes them away from the area during term time. In order that the Academy can access this level of practitioner, DanceEast has to allow a degree of flexibility in Academy teaching roles which may necessitate classes being covered or tutors being replaced / changed. In addition tutors undergo regular evaluation in order that a high standard of teaching is maintained.

Over the course of the year students will meet a range of tutors on the team. All tutors offer different skills and this is taken into account when devising the combination of tutors that students will experience. Through meeting different teaching, learning and delivery styles, students will learn to be adaptable and versatile.

Other freelance tutors will join the team to deliver modules and cover occasional classes. These teachers are always of the highest professional level and are auditioned prior to being offered work.

Musicians

- **Calvin Goymer**
Pianist

Calvin is one of a team of four pianists and started playing for the Suffolk County Council Ballet Scholarship Scheme with DanceEast in 2001. He was subsequently invited to play for a variety of additional classes such as Adult Tap, Adult Ballet and the Ballet Enrichment classes.

Calvin has worked for The Royal Ballet School through the Partnership and Access Programme in various schools in Ipswich and Bury St Edmunds, and has also played for workshops run by the Royal Academy of Dance. As well as his daytime job as a civil servant, Calvin recently began playing for Performers College in Essex.

After studying and gaining the piano accompaniment diploma ALCM, he has played for many small choirs around Suffolk, and is Assistant Accompanist for the St Edmundsbury Male Voice Choir in Bury St Edmunds. He is also an organist at Woolpit Parish Church, Suffolk.

- **Margot Kazimirska**
Pianist

Margot Kazimirska was Principal Pianist with the Frankfurt Ballet for 19 years. She has also played for several other ballet companies, including the Dutch National Ballet, Royal Ballet and Northern Ballet Theatre.

As a solo pianist Margot has accompanied many ballets, most notably William Forsythe's magnificent ballet *Artifact*, for the Frankfurt Ballet and also for the Dutch National Ballet. In September 2004 she performed the new version, *Artifact Suite* for Scottish Ballet in Glasgow and Edinburgh, and in 2006 at Sadler's Wells. In April and May 2008 Margot played for the Paris Opera Ballet (who gave 18 performances of this same ballet), at the Opera Bastille in Paris, to critical acclaim. She then went on to perform the original full-length *Artifact* for the Zurich Ballet in September 2008.

- **Rosie Lowdell**
Pianist

Rosie Lowdell comes from a musical family, and began piano lessons at the age of five. She began playing the violin at the age of seven. She studied both at the Royal Academy of Music's Junior Department.

Rosie went on to practice playing the violin full time at the Royal Northern College of Music, and continued piano lessons with David Smith. Although most of her career has been as an orchestral violinist, Rosie's first job was playing the piano for a ballet school when she was 15.

- **Richard Worman**
Pianist

Richard has extensive experience playing piano for ballet classes. He has played for the DanceEast Academy since it started in 2008, and also for DanceEast's Adult Ballet classes. Richard has accompanied choral and operatic societies, as well as vocalists and instrumentalists. He also plays piano for classes and exams at several local ballet schools.

Richard has an External Diploma from the London College of Music.

- **Gary Leach**
Percussionist

Gary has been a professional musician for many years and continues to perform as a percussionist in a variety of settings and styles. He has trained in Drum Kit technique at Bath University and has had tuition from some of the UK's leading drum tutors.

Gary teaches Drums and Rhythm Studies to percussionists as well as delivering drumming and music workshops in school and community settings. Gary's main instrument is Drum Kit although he will be playing the African Djembe for the Academy classes.

- **Daniela McDermott**
Percussionist

Daniela has been playing and teaching percussion for 17 years. Her love for drums has seen her play at Carnival Rio de Janeiro, Brazil, Notting Hill Carnival and also at the Millennium Dome Opening Ceremony, London. She has been taught by internationally acclaimed percussionists from Cuba, Brazil and Senegal. As an accomplished percussionist, Daniela has taught a large variety of groups, from adults with learning difficulties to primary school pupils and university students.

- **Andrew Gurinder Singh Poonian**
Percussionist

Andrew plays a number of different instruments, focusing on Indian percussion. He studied tabla (the traditional North Indian Drum) with Ustaad Harkirat Singh Rayatt (UK) and with the acclaimed artist Pandit Shankar Ghosh (India). In addition to this he has studied music in Zimbabwe, Morocco and Brazil.

Andrew is currently teaching and performing music with a variety of artists in and around the South East of England.

- **Manassah (Keith) Jackson-Crosse**
Percussionist

Manasseh is a self taught Drummer /Percussionist from Leeds, who started off playing in local bands, playing various genres of music such as; Reggae, Soul, Funk, Indie and African Percussion.

From 1988 to 1995 he was the resident percussionist at The Northern School of Contemporary Dance (NSCD). During this time he also accompanied classes at London School of Contemporary Dance, Dance City Newcastle, Cheshire Dance and Phoenix Dance Company.



In 1991 he was invited to Zimbabwe along with Neville Campbell the Artistic Director of Phoenix Dance to work with the National Ballet of Zimbabwe. In 1995 he worked with Derek Williams' Dance Theatre of Harlem, to accompany classes at The Folkshoch Schule in Essen Germany.

In 1997 he joined the theatre company Stomp and was part of their world tour until 2002 when he moved to the West End opening of the show until 2008.

In 2008 he joined DanceEast as percussionist for the Academy Classes.