**DANCE FOR PARKINSON’S VOLUNTEERS**

DanceEast are recruiting Volunteers to add to our portfolio of Assistants for our Dance for Parkinson’s classes. The classes are held at the Jerwood DanceHouse, in partnership with English National Ballet.

English National Ballet’s Dance for Parkinson’s programme is a high quality dance class delivered within a professional dance studio with live music for people with Parkinson’s, their family, friends and carers. Based on English National Ballet’s contemporary and classical repertoire, the dance classes provide a fun and informal way for participants to discover the themes, choreography and music of the ballets.

Volunteers will have the chance to develop their knowledge, skills and experience of dance for people with Parkinson’s throughout the programme. You will have the opportunity to work alongside English National Ballet’s specialist dance artist and musician, and to assist where necessary. Additionally, you will be invited to accompany theatre visits and cultural activities as part of the Dance for Parkinson’sprogramme.

**Schedule  
Autumn Term 2016/17**Wednesday 28th September – Wednesday 7th December  
*No class Wednesday 26th October*

Dance for Parkinson’sclasses take place from 15:00 to 17:00 – this includes social time and refreshments at the end of class. Volunteers will need to be at DanceEast from 14:15 to assist with the set up and stay until approximately 18:00 (latest) to assist with the teas and coffees at the end of the dance class.

**Who are we looking for?**We are looking for enthusiastic and dedicated volunteers, who are willing to support the participants and the artistic team. You will be involved in assistingwith the class set-up and registration, supporting the team throughout the class andhelping with refreshments at the end of the class.  
  
Experience of assisting is not essential, but would be beneficial. Training and support will be provided.

Getting to know each participant on an individual basis is also an important element of being a Dance for Parkinson’s Volunteer, to build trust with a view to give one-to-one support in the dance class as needed.

**Commitment / conditions**Volunteers must be over 18 years of age. You must be able to commit to at least 5 sessions throughout the length of one term.

**How to apply**

Please email [Lizzie.Croucher@DanceEast.co.uk](mailto:Lizzie.Croucher@DanceEast.co.uk) with a CV and covering letter.   
To be considered for the Autumn Term classes, please get in touch by **Wednesday 14th September**.  
Please note that applications will be accepted after this time, to be considered for upcoming terms in the future.