



Move with Parkinson's CPD

Develop your practice in dance for people living with Parkinson's

Are you someone interested in, or already working in, socially engaged dance practice and committed to developing the agency and artistic expression of all who participate?

DanceEast is offering five dance artists from the East of England a funded professional development opportunity, including accredited training, a £300 bursary, and potential future teaching opportunities.

This professional development opportunity is open to anyone over the age of 18 and living in the East of England, with at least 2 years of experience working in dance in a community/socially engaged context.

It is part of the Move with Parkinson's programme by DanceEast and made possible through funding from Sport England and support from People Dancing.

- Timescale: August – December 2026
- Application Deadline: 31 July 2026

About this opportunity

DanceEast are offering five regional dance artists a bursary to undertake the *Introduction to Dance for People with Parkinson's Online Course and Assessment*. This eight-unit online course, developed by People Dancing, Dance for PD®, and Mark Morris Dance Group provides dance practitioners and others with core foundational knowledge about the safe, effective, and creative delivery of dance sessions for people living with Parkinson's.

You can find out more about the course here:

www.communitydance.org.uk/training-and-qualifications/online-courses/introduction-to-dance-for-people-with-parkinsons-o

Following the completion of the online course, you will also attend a 2-day in-person workshop at DanceEast on 24 and 25 October 2026 to embed learning



and develop practical approaches to leading dance with people living with Parkinson's.

DanceEast can also offer successful artists any potential opportunities to support and teach on their newly established programme, *Parkinson's Meetup & Move*. Classes currently run weekly in Bury St Edmunds, and subject to funding, will continue into 2027 with more Suffolk locations to be announced.

About you

We are seeking curious, creative dance artists/practitioners who wish to extend their skills and community practice to be able to support and lead dance classes for people living with Parkinson's and are willing to undertake online and in-person training.

You will be someone interested in socially engaged dance practice and will be committed to developing the agency and artistic expression of all who participate.

This professional development opportunity will include:

- £300 bursary (to cover your time and any associated travel costs)
- Access to accredited online training course
- Access to bespoke in-person training
- Opportunities to support and teach on the *Parkinson's Meetup & Move* programme in the future

At DanceEast we are committed to creating a diverse, inclusive workforce that is reflective and representative of the diversity of our communities.

We recognise that difference is a strength, and our working environment is one where every individual's unique contribution is valued and respected.

We actively welcome applications from people with diverse backgrounds who bring experience of a range of dance styles and approaches and reflect the broad communities in which dance activity will take place.



How to apply

Timeline:

- Closing date for applications: **31 July 2026, 5pm**
- Successful applicants will be notified by 7 August
- Access to online training will be given from 7 August (to be completed in your own time, before 16 October)
- In-person training will take place on **24 and 25 October**

Application process:

You can apply for this opportunity by providing a written statement telling us about your experience, interest in this work and why you would like to be considered for this opportunity (maximum 1 page of A4).

Or you can send us an audio or filmed version of your application.

Please also attach your current dance CV.

Please send your statement and CV documents or recordings to sophie.oconnor@danceeast.co.uk